

New Classes for Casey U3A @ Bunjil Library

We need your support!

We are forming a 'partnership' with Bunjil library to bring the benefits of Casey U3A membership to more retirees. Our three trial classes will be open to both current and prospective members. Any non-member may attend any 3 sessions to decide if Casey U3A is a good investment for them! So come along and bring a friend or two! The only requirement is that you must pre-book via the library system. The links below will take you directly to the booking sites. The 2 attachments list the steps to follow. If you have any difficulty enrolling please phone Casey U3A for assistance: 0478 226 521 You can enrol in just one, two or all three classes for just one session or indeed all of the sessions. Total numbers are capped so it's best to act quickly!

Class 1: Travel Around the World with Casey U3A

Starts Wed 4th March (first Wed in the month) with Mal Owens and Chris Trimnell.



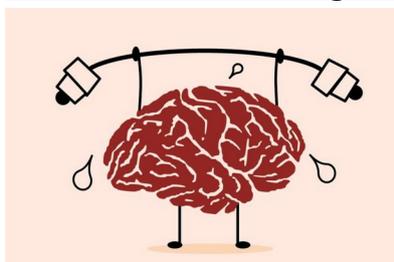
Have you been to Scotland, plan to go there or maybe you're just interested in finding out about different countries? If you answered yes to any of the above please come along! If you have any photos, or memorabilia you'd like to share bring that along too! There will be some time set aside for sharing and a couple of group trivia challenges!

Use this link to book in for World Travel:

<https://www.cclc.vic.gov.au/event/travel-around-the-world-with-casey-u3a/2020-03-04/>

Select 'BOOK NOW' and follow the prompts on the screen and/or view the 'help' steps attached.

Class 2: Brain Training with Casey U3A



Starts Thursday 5th March (first and third Thursdays in each month) with Joan Gaudion, Judith Brown and Chris Trimnell

In these sessions you can learn how to keep your brain healthy and work on fun activities to stimulate those brain cells, including memory, creativity, problem-solving, positive thinking as well as mindfulness and how to de-stress.

Use this link to book in for Brain Training:

<https://www.cclc.vic.gov.au/event/brain-training-with-casey-u3a/2020-03-05/>

Select 'Book NOW' and follow the prompts on the screen and/or view the 'help' steps attached.

Class 3: Scrabble and/or Upwords with Casey U3A



Starts Thursday 5th March (first and third Thursdays in each month) with Chris Trimnell

Scrabble needs no introduction. Come along, join in, test your word skills and compete in a friendly environment. No prizes for winning – just good fun!

Use this link to book in for Scrabble:

<https://www.cclc.vic.gov.au/event/scrabble-with-casey-u3a/>

[2020-03-05/](https://www.cclc.vic.gov.au/event/scrabble-with-casey-u3a/)

Select 'Book NOW' and follow the prompts on the screen and/or view the 'help' steps attached.